



ShenCommHealth.com

Feeling sad or nervous?

Are you having trouble making a lifestyle change you know would improve your health?

At SCH we know how the mind and body affect one another, and we believe treating the whole person is important to your overall well-being.

To learn more about how to cope with life stressors and making healthy changes that support your mind and body, ask your Primary Care Provider about talking to our new Integrated Care Professional.* This conversation is conducted in a primary care setting and can follow your current appointment or be made for another time in the same day or week.

*A separate co-pay may apply.

304.263.4999 | 540.722.2369

99 Tavern Road Martinsburg, WV 25401
1330 Amherst Street, Suite C Winchester, VA 22601



Primary Care | Women's Health | Behavioral Health | Oral Health | Pharmacy